

LIFE THROUGH THE SPIRIT • ROMANS 8:1-16

1. We often struggle to do the right thing. Fortunately the Bible is honest, and describes how even strong believers struggle with this. Read Romans 7:14-20. Does this seem familiar? Describe in your own words what Paul is saying.

Read Romans 8: 1-4

2. Why are Christians (“those who are in Christ Jesus”) free from condemnation?
3. According to v. 4, what should be the result in our lives?
4. Who is the Spirit?

Read vv. 5-8

5. In this paragraph, Paul is setting up a contrast. What is the opposite of life according to the sinful nature?
6. What is true of a person controlled by the sinful nature?
7. There is a similar contrast in Galatians 5:19-23. Which acts and fruit in that passage remind you of yourself? Which ones would you like to be more evident in your life?

Read vv. 9-11

8. Every verse in the next paragraph contains the word "if." What is Paul teaching here?

9. How can you be sure you have the Holy Spirit?

Read vv. 12-16

10. Since Paul has said all believers have the Spirit living in them, it would seem that all Christians would automatically live righteous lives all the time, but apparently that is not the case. What is implied by Paul's command to live according to the Spirit?

11. Does the Spirit live in all believers? Does He fill all believers?

12. Below are four passages of Scripture. Each teaches something that concern our on-going experience of the Holy Spirit's direction and empowerment of our lives. What principals do you see about our ability to enjoy the filling of the Holy Spirit.

John 7:37-39

1 John 1:5-9

Romans 12:1

1 John 5:14-15

13. How can you be sure you are empowered and directed (filled) this very moment?

14. As a Christian the Holy Spirit is in you and desires to direct and empower you. What is your responsibility to enjoying this reality daily?

Memory Verse:

Romans 8:9 "You, however, are controlled not by the sinful nature but by the Spirit..."